

2025 LOSSA TENNIS INFORMATION - COACHES

To: All Tennis Coaches

From: LOSSA Tennis Convenors

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Dates: **JUNIOR QUALIFYING**

Tuesday, October 7 → Boys Singles, Boys Doubles

Thursday, October 9 → Girls Singles, Girls Doubles, Mixed Doubles

SENIOR QUALIFYING

Wednesday, October 15 → Boys Singles, Boys Doubles

Tuesday, October 21 → Girls Singles, Girls Doubles, Mixed Doubles

Note: Mixed Doubles may be moved to the first day of junior or senior qualifying based on the number of entries per division.

LOSSA FINALS

Juniors - Thursday, October 23

Seniors - Wednesday/Thursday, October 29/30

(see finals draw sheets for timing of events)

Start: 7:15 arrival/warm-up

7:30 a.m. start time for ALL EVENTS

(Ten minute default rule applies from the time your match is called. This rule will be strictly enforced for ALL matches.)

Location: FOR ALL EVENTS AND DATES:

Oshawa Civic Dome

(5 - Indoor Tennis Courts)

- 99 Thornton Rd. South, Oshawa

- Phone: 905-436-3888

Fees: **\$50 per player**

Virtual Coaches Meeting: Tuesday, September 30th at 4:00 pm
- google meet link to be provided later

Draw format:

Round Robin matches to be played on a **qualifying days**.

Pro-set matches to be used on qualifying days.

Top 4 to 8 players/teams to advance to a seeded draw on finals day with a 2 match guarantee.

(see finals draw sheets for timing of events)

Number of pools and round robin matches on qualifying days will depend on the number of entries.

Match length on qualifying days depends on number of entries (minimum 4 game pro-set maximum 6 game pro-set).

Match format:

On **qualifying days**, a 4 to 6 game **pro-set** format, including a maximum **5 minute warm-up**, will be played for each match. There will be '**no - ad**' scoring, with the receiver having choice of side on which to receive the serve. **No tie-breaker to be used in qualifying matches** so the player/team that serves first will serve the tie-breaker game. **Late on Court during Pool Play** - 0 to 5 minutes late - down 1 game; 5-10 minutes late - down 2 games; after 10 minutes late - lose match (winner gets a ____ -0 score).

• **Finals Day - Next Gen Scoring**

- **best of three short sets. The first two short sets will be up to 4, no ad scoring with a 9-point tie-breaker at 3 games all.**
- **The 9-point tiebreaker is up to 5 points, at 4-4, it will be the next point who wins the set.**
- **In the event of a deciding third set, a match tie breaker up to 10 points will be played to decide the winner. NOTE: All 10-point tie-breakers must be won by 2 points.**

Advantages of Next Gen Scoring:

- Recognized scoring system by the ATP, ITF and Tennis Canada
- Currently used by the OTA for Under 10 tournament play
- More competitive points
- Better chance of coming back in a match after a slow start

(see additional information at the end of this package)

10 minute late policy in effect - default if more than 10 minutes late.

As on qualifying days, a 5 minute warm-up, will be played for each match. There will be '**no-ad**' scoring, with the receiver having choice of side on which to receive the serve.

Serving and "lets" - If a ball hits the net during a serve but lands in, the ball must be played...no let on a serve.

Eligibility:

Junior - born in 2010 or after

Senior - born in 2007 - 2009

Juniors may play in the senior events.

A player may enter in ONLY ONE of the twelve events (10 high school divisions + open boys and girls). Each school may enter up to 2 entries per event with the following note: in the senior events each school is allowed up to a maximum of 2 combined high school/open players or teams.

All players including all possible substitutes must be on the two eligibility lists (submit one list for junior coed and one list for senior coed). Your two team eligibility lists must be done on AELS on the OFSAA website. See your P.E. head for information about how to complete this process. A FULLY SIGNED HARD COPY of all completed eligibility lists are due before competition.

Transfer students must be approved prior to the coaches meeting. If this applies to your players, contact your P.E. head **immediately** to ensure that the process and policy is followed promptly.

ENTRIES:

Please use the following google form for all entries into all divisions:

- cut and paste the following link:

<https://docs.google.com/forms/u/0/d/e/1FAIpQLSefzIIYb1-JaC5sX69FfQKeBBeObUk0U1dLsk4ZTWyF-ERkUQ/formResponse>

Use the Rating System (found at the end of this package) as a guideline.

Deadline for entries for ALL events is **Thursday, October 2nd at midnight**. Please be accurate with your entries. Changes to your line-up will NOT be allowed after draws and round robin schedules have been posted.

There will be no late entries accepted. Substitutions due to illness or injury must be made **by the coach as soon as you arrive at the event, prior to the posting of the draws**. All substitutions must be clearly submitted in writing. All substitutes must be on the eligibility lists and must be of equal or lower ability than the person they are replacing.

**** NOTE **** Please do not enter players who cannot commit fully to **all** day competition on their qualifying day **and** on their finals day. If there are extenuating circumstances your requests **may** be considered up to 72 hours before the scheduled the event.

Medals and Trophies:

LOSSA medals are awarded in each event as follows:

Winner - Gold

Finalist - Silver

Winner of playoff between semi-final losers - Bronze

Loser of Bronze medal match - 4th place medal

5th through 8th place - LOSSA ribbons

- There are 4 team trophies to be awarded on a point system - Senior Girls, Senior Boys, Junior Girls and Junior Boys. If there is a tie, both teams will receive a pennant.
- The following point system will be used to determine the trophy winners in all categories with 8 or more entries (with half the points awarded to boys and girls in mixed doubles):

6 pt. for gold

5 pt. for silver

4 pt. for bronze

3 pt. for 4th

2.5 for 5th

2 pt. for 6th

1.5 pt. for 7th

1 pt. for 8th

For point system for less than 8 entrants, see table below:

7 entries	6 entries	5 entries	4 entries	3 entries	2 entries	1 entry
6 pt. for gold 5 pt. for silver 4 pt. for bronze 3 pt. for 4 th 2 pt. for 5 th 1.5 pt. for 6 th 1 pt. for 7 th	6 pt. for gold 5 pt. for silver 4 pt. for bronze 3 pt. for 4 th 2 pt. for 5 th 1 pt. for 6 th	5 pt. for gold 4 pt. for silver 3 pt. for bronze 2 pt. for 4 th 1 pt. for 5 th	4 pt. for gold 3 pt. for silver 2 pt. for bronze 1 pt. for 4 th	3 pt. for gold 2 pt. for silver 1 pt. for bronze	2 pt. for gold 1 pt. for silver	1 pt. for gold

There is an overall team trophy awarded to the school with the best results overall. If there is a tie, both teams will receive a pennant.

Note: Team trophies from last season (can be brought to this year's tournaments)

Senior Girls - St. Stephen C.S.S.

Junior Girls - Monsignor Paul Dwyer C.H.S.

Senior Boys - Holy Trinity C.S.S.

Junior Boys - Pickering H.S.

Overall Trophy - Holy Trinity C.S.S.

OFSAA

The top two players/teams in the senior and open divisions will qualify for the OFSAA championship to be played this fall (November 10, **2025** to November 12, **2025**)

Open-Level Players

All players who have competed in any OTA (Ontario Tennis Association) tournaments at any level must submit a player profile with the entries. Coaches please ask your players for this information. players who do not reveal their past affiliation with OTA are subject to a withdrawal from LOSSA competition.

Dates for Open-Level draws to be determined based on number of entries.

A PLAYER PROFILE is available on the OTA website:

<https://ota.tournamentsoftware.com/find/player>

An Open Division player must have won a minimum of two rounds in total (one round or more in a tournament and/or at a later date wins a round in another tournament) in a 3 star Ontario Tennis Association (OTA) tournament or higher, a **Level 6 or lower United States Tennis Association (USTA) tournament** or the equivalent (European championship) in the three years prior to the beginning of the school year. Any player who has ever played in the Canadian Nationals or any player that has ever played in any U-14, U-16 or U-18 provincial championships shall also be considered an open player. A bye, defaulted or retired match in an OTA event does not constitute a win.

Duties of Coaches:

From the OFSAA website -- Tennis playing regulations

5. Eligibility: (a) Team/School Eligibility To represent a school in any activity coordinated by the Federation, a school/team must: (i) Conduct a 'bona fide' high school program consisting of a minimum of six (6) practices during a one (1) month period in the current school year, under the supervision of a teacher as certified by the school principal.

Usually, LOSSA must abide by OFSAA playing regs

Each coach is responsible for supervising their players, including disposing of any garbage, ensuring their players are aware of their next match, and reporting any student's misconduct at this off-site school event.

No coaching allowed during matches. If you are concerned about your player(s) or the opponent(s) with regard to any aspect of the match, an impartial coach can be assigned to monitor the match. This may be especially important for the junior divisions with many players who are new to the sport, but equally important to ensure fair play at the more advanced level.

Please be available to monitor if needed during the events.

- Bring :
1. Email any relevant player profiles from OTA website in advance.
 2. Two eligibility lists (Junior/Senior)
 3. Fees - A school or personal cheque, or cash **MUST** be received at the tournament desk.

Receipts will be provided and there will be NO REFUNDS.

Make cheques payable to Maxwell Heights Secondary School.

IT IS VERY IMPORTANT TO ATTEND THE VIRTUAL COACHES MEETING.

If you cannot attend please **email me!**

THERE WILL BE NO MEETINGS ON THE MORNINGS OF COMPETITION DAYS.

There will be a brief meeting at the start of play on each of the qualifying days .

Duties of Players:

To know the rules and match format.

Use of score boards, call the score before each point played, serve with 2 balls

Call lines clearly (**if unsure, ball is good**),

Keep balls clear of court (in pockets if not using them).

Wear proper attire **including pockets** for the balls and non-marking court shoes.

Players/teams will use a mini clipboards (as they do at OFSAA) to

record the match score and have both players/teams sign off before reporting the score to the convenor's desk.

Relevant Web Sites:

Ontario Tennis Association: <https://www.tennisontario.com>

Tennis Canada Rules and Regulations: www.tenniscanada.ca - officiating

Tennis Message Board: www.lossa.on.ca

OFSAA tennis is held in the spring (early June). Please visit www.ofsaa.on.ca

TENNIS PLAYER RATING SYSTEM: Please see the document below to help rate your players.

<https://www.tenniscanada.com/wp-content/uploads/2015/12/Self-Rating-Guide-English.pdf>

RATING	GROUND-STROKES (forehand and backhand)	RETURN OF SERVE	NET PLAY (volleys and overheads)	SERVE
1.0	This player is just starting to play tennis			
1.5	This player has been introduced to the game, however has difficulty playing the game due to a lack of consistency rallying and serving.			
2.0	Can get the ball in play but lacks control, resulting in inconsistent rallies. Often chooses to hit forehands instead of backhands.	Tends to position in a manner to protect weaknesses. Inconsistent return.	In singles, reluctant to come to the net. In doubles, understands the basic positioning; comfortable only with the forehand volley; avoids backhand volley and overhead.	In complete service motion. Toss is inconsistent. Double faults are common.

2.5	Can rally consistently 10 balls in a row, especially on the forehand, with an arched trajectory over the net when the objective is to hit to a partner at moderate speed.	In singles, consistent when returning towards the middle of the court. In doubles, difficulty returning cross-court to start the point.	Becoming at ease at the net in practice but uncomfortable in a game situation.	Attempting a full service motion on the first serve. First serve inconsistent (less than 50%). Uses an incomplete motion to ensure a steady second serve.
3.0	Able to rally consistently 10 balls in a row on forehands and backhands. Able to maintain the rally when receiving high, short or wide balls, assuming the ball is received at a moderate pace, especially on the forehand stroke.	Can control the direction of the ball in both singles and doubles, when receiving a serve of moderate pace.	Very consistent on forehand volley with easy balls, inconsistent on backhand volley. Overall has difficulty with low and wide balls. Can smash easy lobs.	Full motion on both serves. Able to achieve more than 50% success on first serve. Second serve much slower than first serve.
3.5	Able to move the opponent around the court or hit harder when receiving easier balls. Can execute approach shots with some consistency (more than 50%).	Can return fast serves or well-placed serves with defensive actions. On easy second serve, can return with pace or directional control; can approach the net in doubles.	Becoming confident at net play; can direct FH volleys; controls BH volley but with little offense; general difficulty in putting volleys away. Can handle volleys and overheads that require moderate movement.	Can vary the speed or direction of first serve. Can direct the second serve to the opponent's weakness without double-faulting on a regular basis.
4.0	Able to develop points with some consistency by using a reliable combination of shots. Erratic when attempting a quality shot, when receiving fast or wide balls, and when attempting passing shots.	Difficulty in returning spin serves and very fast serves. On moderately paced serves, can construct the point through hitting a good shot or exploiting an opponent's weakness. In doubles, can vary returns effectively on moderately-paced serves.	In singles, comfortable at following an approach shot to the net. In doubles, comfortable receiving a variety of balls and converting to offensive positioning; can poach on weak returns of serve. Able to put away easy overheads.	Can vary the speed and direction of the first serve. Uses spin.

4.5	Can use a variety of spins. Beginning to develop a dominant shot or good steadiness. Erratic when attempting a quality shot in two of the following situations: receiving fast balls, wide balls, and in passing shot situations.	Off first serves, can defend consistently but very inconsistent (less than 30%) when attempting an aggressive return. In doubles, has difficulty (less than 50%) returning a first serve at the feet of the incoming serve and volleyer.	When coming to the net after serving, consistently able to put the first volley in play but without pace or depth; however, inconsistent when trying to volley powerful or angled returns. Close to the net, can finish a point using various options including drop volley, angle volley, punch volley.	Aggressive first serve with power and spin. On second serve frequently hits with good depth and placement without double faults. Can serve and volley off first serves in doubles, but experiences some inconsistency.
5.0	Able to maintain a consistent rally, 10 balls in a row on faster balls. Very steady strokes or has a dominant shot. Periodically succeeds (50%) when attempting a quality shot when receiving fast or wide balls, and in passing shot situations.	Periodically succeeds (50%) at aggressive return off fast first serves using dominant shot (forehand or backhand). In doubles can return at the feet of serve and volleyer.	In doubles, after the serve, has a good, deep crosscourt volley. Overhead can be hit from almost any position.	First serve can win points outright, or force a weak return. Second serve can prevent the opponent from attacking. Serve and volleys on first serves in doubles with consistency.
5.5	This player has developed a gamestyle which is recognizable as either an all court player, an aggressive baseliner, a serve and volleyer, or a retriever. Has developed good anticipation either technically (can read toss on serve, body position...) or tactically (can read opponents tendencies in specific situations). Has no major weaknesses and can counterattack effectively against a hard ball, wide ball or in passing shot situations. Capable of competing in "open" category provincial level tournaments. Ability to use specific shots in order to exploit opponent's weakness: drop-shot, lob, angle, moonball...			
6.0 to 7.0	These players will generally not need a rating. Rankings or past rankings will speak for themselves. The 6.0 player typically has had intensive training for national tournament competition at the junior level and collegiate levels and has obtained a provincial and/or national "open" ranking. The 6.5 player has extensive international "open" level tournament experience at the entry professional level (challenger or satellite experience). The 7.0 is a world class professional tennis player.			

NextGen Format - OFSAA 2025

Two short sets played to 4 followed by a match tiebreak to 10

A **short set is played to four games** instead of six.

-A set is therefore won at 4-0, 4-1, 4-2, etc.

-We are still playing **no-ad scoring** at **deuce** That is, at 40-40 the next point wins the game. The receivers can choose which player receives the serve (regardless of whose turn it is). Mixed Doubles server must serve to member of the same sex

-At 3-3, a **5 point tie break is played**: i.e. first to 5 points wins, with 2 points clear. If it gets to 4-4, next point wins. Change ends when score adds up to 4.

Service Rotation in the 5 point tie-breaker will be as follows:

Player/Team A - serves first 2 points

Player/Team B - serves next 2 points

Player/Team A - serves next 2 points

Player/Team B - serves next 3 points

NOTE: In a 5 point tie-breaker, you do not have to win by 2 points. 4-4, next point wins.

-At one short set all, a **Match Tiebreak** is played.

-Match Tiebreak is played first one to 10 points, must win by 2 points. Switch ends every 6 points.

-Typical score of a Short Set match could be 4-3(2), 2-4, 10-6